

PARENT2BE CONFERENCE
AGENDA BY WEEK

All Seminars are in the evening and on Eastern Time
All will be recorded

FEB 1 - 3

Jamie Mueller 2/1 @7:30
Welcome!

Sarah Argenal 2/1 @8:30
Conference Keynote:
Managing Big Life Changes

Janice Hoult 2/2 @7:30
Holistic Nutrition and
Wellness Care During
Pregnancy

Suzanne Brown 2/2 @8:30
5 Tips Related to Work-Life
Balance After Baby

Lynn JT 2/3 @6:30
Birth Like a Boss

Lindsay Gibson 2/3 @8:30
Birthing the "New You" as a
Mother

FEB 4 - 10

Catrina Carne 2/4 @8:30
Coping with Change

Karen Doniere 2/5 @7:30
Self-Care Saves the Day

Farel Hruska 2/5 @9:30
Prenatal and Postpartum
Fitness with The Power of
Community

Anthony Kim 2/6 @7:30
Dad to Dad - Preparing for
Baby

Lisa Katona 2/6 @8:30
Sex After Kids

Valerie Kolick 2/7 @7:30
Relationship Survival

Katie Kahvo 2/7 @8:30
Changing Expectations

Liza Maltz 2/8 @7:30
Making Choices About
Your Birth

Becky Banks 2/8 @8:30
Midwifery Care & Home
Birth

Amie Landis & Kristi Bothur
2/9 @8:30
Pregnancy After a Loss

Jenny Bennett 2/10 @7:30
How to Choose the Best
Care-Provider for You

FEB 11 - 13

Alice Turner 2/11 @7:30
5 Easy Ways to Be a
Supporting Hero at Birth

Lori Mihalich-Levin 2/12
@7:30
Back to Work After Baby
- A Mindful Return

Yiska Obadia 2/12 @8:30
Comforting Touch for Birth
- How Partners Can Help

Debra Pascali-Bonaro 2/13
@7:30
Moving from Pain to Power
with Pleasure and Love!

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FEB 13 - 17

Lesley Yadon 2/13 @8:30
My journey through
depression during pregnancy

Faith Groesbeck 2/14
@7:30 Birth Interventions
- What to know

Deb Flashenberg 2/15
@7:30
5 Questions To Ask Your
Care Provider BEFORE Your
Birth

Joanna Navarrete 2/15
@8:30 Preparing for Twins

Elizabeth Oldham 2/16
@7:30 Doulas and Partners
- How They Work Together

Jenna DeLashmutt 2/16
@8:30 How to Workout
with Baby

Veronica Lamb 2/17
@8:30 Detecting Early
Food Sensitivities

FEB 18 - 24

Jann Fujimoto 2/18 @7:30
Newborn Speech and
Language Milestones

Christine Stevens 2/18
@8:30 Common Questions
About Infant Sleep

Christine Schoder 2/18
@9:30 Preparing a Natural
Home for a Newborn

Brittany Baker 2/19 @7:30
Do I Need a Doula?

Austin Rees 2/19 @8:30
Breastfeeding, Skin-to-Skin,
and Babywearing

Ayelet Marinovich 2/20
@8:30 Four Essential
Ingredients to Support Your
Baby's Early Communication
Skills

Patricia Parra 2/21 @7:30
5 steps for better sleep

Bridget Young 2/21 @8:30
How to Choose the Perfect
Formula for Your Unique Baby

Lynn Turcotte-Schuh 2/22
@7:30 Infant Sign Language

Sarah Hembree 2/22
@8:30 How to Simplify All
the Baby Stuff

Krista Limon 2/23 @7:30
Meal Prepping for Baby's
Arrival

Susie Parker 2/23 @8:30
How to Create the Optimal
Sleep Environment for a
Newborn

Alacia Mahnken 2/24 @7:30
The First 30 Days Home

Wendy Rohin 2/24 @8:30
Newborn Milestone Myths
Debunked

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FEB 25 - MAR 2

Jessica Perkins 2/25 @6:30
How to Play with Your Baby

Mb Antevasin 2/25 @7:30
The Importance of Ritual and Rites of Passage for Parenting

Joy Asaco 2/25 @8:30
Prepare to Be the Best Parent You Can Be

Breni Malpass 2/26 @7:30
Major Sleep Milestones

Roberta Luchinski 2/26 @8:30
Understanding and Responding to Your Baby 0-2

Valerie Friedlander 2/27 @7:30
Releasing Mom Guilt

Raewyn Sangari 2/27 @8:30
Finding Your Village

Sharon Somekh 2/28 @7:30
How to Choose the Right Pediatrician for Your Family

Amy Cordone 2/28 @8:30
AuPair Childcare - Is It Right for You?

Erin Kendall 3/01 @7:30
Postpartum Fitness

Shelly Robinson 3/01 @8:30
Caring for You After Baby Arrives

Eghe Lenze 3/02 @8:30
Having It All. Ways to be Satisfied as a New Parent.

Jamie Mueller 3/02 @9:30
Conference Close

All Seminars will be recorded and available to for replay
Agenda is tentative and subject to change

Parent2Be

A VIRTUAL CONFERENCE FOR
SOON TO BE PARENTS

FEBRUARY 1 - MARCH 2, 2018

TICKETS GO ON SALE JANUARY 1, 2018

#Parent2Be18